

# AbrahamOrthodontics



**Dr. Maxwell Abraham DDS MS FRCD(C)**

Certified Specialist in Orthodontics & Dentofacial Orthopedics

**WELCOME TO #Aomazing!**

## Rapid Palatal Expander (RPE)

Your expander will be activated \_\_\_\_\_ turns a night for \_\_\_\_\_ weeks.

Do not continue to activate the appliance beyond this time. At your next appointment, you will be told if your expansion is completed or needs to continue. We recommend activating the appliance just after dinner. Brush the appliance including the metal bars & screw in the same way you brush your teeth. When you are unable to brush after eating, use water swished around in your mouth to help dislodge any food particles.

## Emergent Issues

Most problems can be addressed at the NEXT SCHEDULED VISIT. Any problem that is causing unexplained pain deserves a contact to our office.

**ONLY THE RED ISSUES TYPICALLY REQUIRE YOU TO CONTACT US AT THE OFFICE**

<b>Tender, sensitive teeth, cheeks sore</b>	EXPECTED the first week and after adjustments	Softer foods and over-the-counter pain medications if needed. Wax on metal.
<b>Speech</b>	EXPECTED within 1mm of movement	Practice reading/talking aloud
<b>Spacing on Front Teeth</b>	EXPECTED	
<b>Hole Not Showing</b>	COMMON – call us if you cannot correct it	Find the previous hole on the wheel towards the throat and insert to turn more to show the new hole
<b>Uncomfortable bite</b>	EXPECTED – the bite will change as it is corrected	
<b>Spring fell off</b>	UNCOMMON – Can be fixed at the next visit	
<b>Loose Expander or Band/Ring</b>	COMMON – Call us to schedule an EXTRA VISIT	If one side, push the ring over the tooth; if both, leave in a bag and bring in.
<b>Accident with broken/loose teeth, cut gums and bleeding</b>	EMERGENCY – Visit your local hospital or family dentist	
<b>Puffy gums</b>	COMMON – Due to poor brushing usually	Brush closer to the gums, 5 seconds each tooth. A water Pik is recommended

## Hours and Contact Tips

Monday: 8-12pm

Tuesday-Thursday: 8-3pm

\*Hours vary on specific days due to team development and vacation. We do not guarantee to be in office during these hours, always contact us first before arriving at the office.

	Availability	Response Time	Speed	Recommended
<b>WALK IN</b>	Business hours	Not guaranteed to be seen/open	UNRELIABLE	
<b>PHONE</b> 519-398-8101	Answered during business hours	Voicemail only within one business day	SLOWEST	Discuss treatment
<b>EMAIL</b> info@abrahamorthodontics.com	Answered everyday	Response within one day	MEDIUM	Change or make appt, incl. emerg payments
<b>TEXT</b> 226-286-4841	Answered everyday	Response within one day	FAST	Change or make appt. incl. emerg
<b>FACEBOOK MESSENGER</b> @AbrahamOrthodontics	Answered every hour	Response within 5 minutes	FASTEST	Emergent request/question

**Please share about our office and your experience online and with family and friends!**

Leamington & Chatham ON | 519-398-8101 | E: Info@AbrahamOrthodontics.com

www.AbrahamOrthodontics.com

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