

AbrahamOrthodontics



Dr. Maxwell Abraham DDS MS FRCD(C)

Certified Specialist in Orthodontics & Dentofacial Orthopedics

WELCOME TO #AOMazing!

Rapid Palatal Expander (RPE)

Your expander will be activated _____ turns a night for _____ weeks.

Do not continue to activate the appliance beyond this time. At your next appointment, you will be told if your expansion is completed or needs to continue. We recommend activating the appliance just after dinner. Brush the appliance including the metal bars & screw in the same way you brush your teeth. When you are unable to brush after eating, use water swished around in your mouth to help dislodge any food particles.

Emergent Issues

Most problems can be addressed at the NEXT SCHEDULED VISIT. Any problem that is causing unexplained pain deserves a contact to our office.

ONLY THE RED ISSUES TYPICALLY REQUIRE YOU TO CONTACT US AT THE OFFICE

Tender, sensitive teeth, cheeks sore	EXPECTED the first week and after adjustments	Softer foods and over-the-counter pain medications if needed. Wax on metal.
Speech	EXPECTED within 1mm of movement	Practice reading/talking aloud
Spacing on Front Teeth	EXPECTED	
Hole Not Showing	COMMON – call us if you cannot correct it	Find the previous hole on the wheel towards the throat and insert to turn more to show the new hole
Uncomfortable bite	EXPECTED – the bite will change as it is corrected	
Spring fell off	UNCOMMON – Can be fixed at the next visit	
Loose Expander or Band/Ring	COMMON – Call us to schedule an EXTRA VISIT	If one side, push the ring over the tooth; if both, leave in a bag and bring in.
Accident with broken/loose teeth, cut gums and bleeding	EMERGENCY – Visit your local hospital or family dentist	
Puffy gums	COMMON – Due to poor brushing usually	Brush closer to the gums, 5 seconds each tooth. A water Pik is recommended

Hours and Contact Tips

Monday: 8-12pm

Tuesday-Thursday: 8-5pm

*Hours vary on specific days due to team development and vacation. We do not guarantee to be in office during these hours, always contact us first before arriving at the office.

	Availability	Response Time	Speed	Recommended
WALK IN	Business hours	Not guaranteed to be seen/open	UNRELIABLE	
PHONE 519-398-8101	Answered during business hours	Voicemail only within one business day	SLOWEST	Discuss treatment
EMAIL info@abrahamorthodontics.com	Answered everyday	Response within one day	MEDIUM	Change or make appt, incl. emerg payments
TEXT 226-286-4841	Answered everyday	Response within one day	FAST	Change or make appt, incl. emerg
FACEBOOK MESSENGER @AbrahamOrthodontics	Answered every hour	Response within 5 minutes	FASTEST	Emergent request/question

Please share about our office and your experience online and with family and friends!

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www.AbrahamOrthodontics.com